

Staff BIP Research Supporters going SUNRISE



Program

Monday <i>20.04.2026</i>	<p>09.00 am Registration and Welcome coffee</p> <p>09.15 am Welcome by Vice President Research Stefan Sinzinger and Introduction</p> <p>10.30 am Dimension 1 personal skills / First Thematical Session</p> <p>12.30 pm Lunch</p> <p>01.30 pm Dimension 1 personal skills / Second Thematical Session</p> <p>03.00 pm coffee break & Wrap-up outcomes day 1</p> <p>05:00 pm Guided city-tour Ilmenau</p> <p><i>Free time</i></p>
Tuesday <i>21.04.2026</i>	<p>09.00 Dimension 1 personal skills / Third & Fourth Thematical Session</p> <p>12.30 pm Lunch</p> <p>01.30 pm Dimension 1 personal skills / Summary and closure of Dimension 1</p> <p>02.30 pm "Campus Run" and lab visits</p> <p>05.00 pm end of campus tour</p> <p><i>Free time</i></p> <p>07.00 pm Conference dinner</p>
Wednesday <i>22.04.2026</i>	<p>Social Event – Excursion to Eisenach – Castle Wartburg or City of Weimar</p> <p><i>tba</i></p>
Thursday <i>23.04.2026</i>	<p>09.00 am Dimension 2 SUNRISE SRIA / First & Second Thematical Session</p> <p>12.30 pm Lunch</p> <p>01.30 pm Dimension 2 SUNRISE SRIA / Third Thematical Session</p> <p>03.30 pm lab visits</p> <p><i>Free time</i></p> <p>07.00 pm Barbecue</p>

Friday

24.04.2026

09.00 am Dimension 2 SUNRISE SRIA / Fourth Thematical Session

11.00 am Summary Dimension 2 and Feedback

12.00 am Lunch/individual departure

Free time

09.00 pm Party by International Office

"New Faces, Big Vibes – (non)freshers Party: Uni crew rocks bar, music & floors"

Saturday 25.04.2026: [Study information day](#) at TU Ilmenau – open house day

Information

Accommodation

We have pre-booked hotels for you for the period of

April 19 to April 25, 2026. Please, pay attention, that you can stay till April 25, 2025, if you will visit our Club Party by International Office on Friday evening.

Please, give the correct period of stay with your request.

Hotel MARA, Krohnstraße 5, D-98693 Ilmenau (near train station, closest to campus, no restaurant available in the building)

single room 92.00 euros /night incl. breakfast

Booking: Please let us know by March 13, 2026 if you would like to be accommodated there.

Hotel Ilmenauer Hof, Erfurter Straße 38, 98693 Ilmenau (Greek restaurant in the building, 40 min walk to campus, 15 min bus + short walk)

single room 70.00 euros/night incl. breakfast

Booking: Please book yourself with keyword „SUNRISE BIP“ via ☎ +493677 68 92 753 or via e-mail info@ilmenauer-hof.de by March 31, 2026

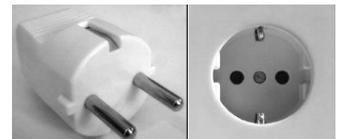
Feel free to book [other opportunities](#) by yourself.

Arrival in Ilmenau

Frankfurt/Main International Airport, with numerous direct connections worldwide, is about 3.5 hours away by train. Other German airports such as Munich, Berlin, Leipzig, and Nuremberg can also be reached in 2.5 to 4.5 hours. If you have any questions about connections, please feel free to contact us.

Train passengers usually change trains at Erfurt Central Station for the train to Ilmenau (please, have a look at the train's inscription). Ilmenau itself has three stops: Ilmenau Roda, Ilmenau Pörlitzer Höhe, and Ilmenau Bahnhof. If you want to go to Hotel Mara or the university, get off at the third stop (Ilmenau Bahnhof = train station).

<i>Preparation</i>	You will design the program content together with Thomas Mirow.
<i>Costs</i>	There will be <i>no participation fees</i> . Please apply for Erasmus+ staff mobility at your International Office. Travel expenses, accommodation, insurance, food and beverages outside of events and personal expenses must be covered by each participant individually.
<i>Addresses</i>	Mon, Tue, Thur and Fri meetings: <i>Internationales Begegnungszentrum (IBZ), Ehrenbergstraße 38, 98693 Ilmenau</i> International Office: <i>Max-Planck-Ring 14, 98693 Ilmenau (house G, 1st floor)</i>
<i>BIP code</i>	2025-1-DE01-KA131-HED-000308214-1 Please get registered in the Beneficiary Module by your International Office.
<i>Regional information</i>	Ilmenau is located in the Thuringian Forest – a low mountain range. In April, typical temperatures range between 5 °C and 15 °C. The weather is often changeable at this time of year, with possible precipitation and moderate temperatures. Main language is German, but English is widely spoken. Shops are usually open from 9am to 6pm, supermarkets until 8pm. Cafes and restaurants have varying opening hours. We recommend to book a restaurant for Monday before your visit- this can be organized via WhatsApp. We use two-point-plugs for electricity system. All major credit cards are accepted nearly almost everywhere. More information about Ilmenau online
<i>Daily commute</i>	If you are staying at hotel <i>Ilmenauer Hof</i> , you can take the bus from the „Erfurter Hof“ stop to the “Ilmenau Busbahnhof” (towards Langewiesen) on line 12 . From there, transfer to bus line 13 (towards Eichicht) and get off at the “TU-Mensa” stop. It’s just a 2-minute walk from there to the IBZ. Here you will find a city map of Ilmenau for your orientation.



We are looking forward to welcoming you in Ilmenau soon!

Contacts

main contact

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We will prepare a WhatsApp group about four weeks before the BIP. Therefore, feel free to share your mobile phone numbers with Saskia.